



KW/LW

6th November 2023

Dear Parent/Carer

City Schools Cross Country Championships 2023 (Year 8/9 and 10/11)

Your child has been selected to represent RRMA in this year's city schools cross country championships at the Sheepmount, Carlisle on Tuesday 21st November 2023. They will leave school at 12.15pm and return at approximately 3.00pm provided there is no over-run.

The order of events will be **Junior Girls (Y8/9), Junior Boys (Y8/9), Intermediate Girls (Y10/11) and Intermediate Boys (Y10/11)**. The first event, Junior Girls, will commence at 1.00pm. and each event thereafter 12 minutes later.

Your child will need to bring with them:

- Plenty of drink (preferably water)
- Full PE Kit as these are the team colours
- Running spikes, football boots or trainers
- Waterproof/Warm Jacket
- Inhaler if asthmatic
- Packed Lunch

Please return the slip below to me by Friday 17th November 2023.

Yours sincerely

K Wilson

Mr Karl Wilson
 Assistant Principal/Subject Leader of PE

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 Please return this permission slip to Mr Wilson, Subject Leader of PE

City Schools Cross Country Championships 2023 (Year 8/9 and 10/11)

I give/do not give* permission for my child: to attend the City Schools Cross Country Championship on Tuesday, 21st November 2023. * Please delete where applicable

I can confirm that medical and contact information are as currently held by the school.

Signature: Date: